1:Sanders Z-5,f (1952-1959) 1962 EH1 Greece EH1

older women wearing dark brown and the girls white. Black scarfs are for mourning only.

In the Peloponnesos the men buy their trousers and coats but wear home-made underwear and shirts. They have a good suit for Sunday which, when it becomes threadbare, they wear every day. The socks are woolen and are made at home. Sandals are often worn in the fields while regular shoes are reserved for occasions when the men dress up in their best. The cap is such a favorite headgear in the Peloponnesos that if a villager sees a man with a hat he will assume that he is an outsider. The children dress like the adults, although the boys wear short trousers.

Behind the garments lie many long patient hours of painstaking work. The women make their own woolen thread but buy the cotton thread. They spin when otherwise unoccupied, for they feel that they must be busy with some handiwork except on Sunday, a day on which they do not even touch a needle or spindle. In many villages one still finds that practically every house has its own loom, stored during the summer but busy in the winter as each woman tries to supply her family's needs and as the unmarried girls work on their dowries. These looms eat up so much thread that spinning never seems to be completed.

Younger women, seeking some release from this onerous task of making so much cloth at home, use their meager funds for the purchase of store-bought goods. They even exchange with the town merchants some of the priceless costumes, which have been handed down through many years, for factory-made cloth that gives them a more fashionable feel.

In the Pelion district around Volos the only examples of popular art being produced today are the blankets and household linen which the women continue to make on their crude looms. According to Kitsos A. Makres, who has written extensively on this subject,[8] they continue this weaving because of a romantic, unconscious desire to give the same decorative color to the house that they have known all of their lives. He points out that buying the industrial materials is more economical but that the aesthetic urge keeps the women's handicrafts alive.

The most detailed study of national costumes and the art of weaving and embroidering in Greece has been made by Angelike Chatzemichale.[9] She and others associated with her have tried to stimulate the increase in such handicrafts, for which there is a ready sale in Greece and abroad. She finds that the main variations in materials used are between the mainland and the islands. On the mainland the goods are handwoven from wool to stand hard wear, an exception being in Epirus where cotton and linen materials are made for household use. In the cities, such as Salonica and Volos, silk has long been popular. On the islands, however, few woolen materials are used since the preference is for cotton, silk, and felt.[10] The villages of the mainland, particularly in the mountains, have had to be much more self-sufficient

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

second marriage is set for a Saturday evening. (This custom brings to mind a common Greek proverb: "Everything was wrong, and even the wedding was on Monday.")

On the Wednesday before the date of the marriage, both homes "start the leaven." In the evening the relatives of each home are present at the baking done from freshly milled flour and "untouched water." The kneading trough is placed in the middle of the room, and over this a girl and a boy hold a sieve through which the flour is sifted. Everybody is silent until, all at once, people start throwing coins into the sieve saying "Kalorizika" (Good luck). Three shots are fired to announce to the village that this has been done. The baking starts when enough flour has been sifted. Some of the people take dough which they smear onto the bride's or groom's face. After a late dinner, toward midnight, the people in the groom's home suggest going to the bride's home. When the two parties meet, there is dancing and singing and the firing of pistols. Later on, the groom's party goes back to his home to continue celebrations until daybreak.

On Friday the display of the dowry starts. Women from all over the village come in to look at it and bring with them basil, rice, and cotton "just for good luck." When the women have seen the dowry, the "filling of the sacks" starts after the mother has put a copper container into a large homespun sack. While the bride stows away her household equipment and her own clothes into these sacks, those present throw in coins. Once the sacks have been filled, the mattresses, covers, and cushions are placed in piles and the friends sprinkle everything with rice and pin sweet-smelling herbs in between the clothes. Then the women, and especially the young girls, start dancing in the bride's courtyard.

On the same day the groom sends two boys around the village, one of whom carries a jug full of wine and the other a written invitation for relatives and friends to a dinner on the wedding day. The bride's father does the same. From Friday on, the special dishes are prepared: loaves of bread with symbolic patterns across the top, pies, meat, and wine. If a person is in mourning and is invited to the wedding dinner, he is obliged to take some food on Saturday evening.

On Saturday morning the bride calls the young girls "to help her get married." Some of her friends take Turkish delight, bonbons, and other sweets and go with these offerings to invite the rest of the young girls to the wedding.

On Sunday after the regular morning church service, people begin to gather in the homes of the bride and the groom. The girls go to the bride's home to form an honorary escort and dance in her yard, while the boys dance in the groom's yard. During this time, while the bride is getting dressed, a party goes from the groom's home to fetch the sponsor (koumbaros) who either rides or goes on foot to the groom's home. There a white flag, adorned with apples and sweet herbs, is hoisted. The koumbaros is always the groom's godfather or one of his sons if the godfather has died. If for some reason the godfather cannot be present, he gives his blessing and permits the groom to choose another "best man" or sponsor. When the koumbaros has arrived at the groom's home, the procession is ready to start for the bride's home.

First comes a young man carrying the flag, followed by the priest and the

1:Sanders Z-5/4 (1952-1959) 1962 EH1 Greece EH1

As a final note on courtship and marriage, it is proper to ask what happens if a marriage does not turn out successfully for either or both parties. Until about twenty years ago a divorce was never thought of as a possibility by peasants; indeed, they considered even the thought of it a disgrace to a family. Even today, when so many changes are present in Greek life, village divorces are still relatively rare. When they do occur, the divorcée has a hard time getting another husband, for the relatives of any prospective mate are afraid that she might start to lead a bad life and bring shame on them. In some villages where there is considerable urban influence, the idea of getting a divorce is tied in with the newer conception of women's rights, and in this connection it is not viewed as a matter of shame but as a matter of fashion. A woman who wishes to stand on her legal rights begins to talk in terms of divorce in case she thinks her husband is abusing her.

As in the case of the divorcée, the fate of the widow is much more difficult than that of the widower. The widow, if she is dutiful, observes a long period of mourning which keeps her out of circulation in the marital market; also, she is in competition with a surplus number of unmarried women who are apt to be preferred. In any event, she must have a dowry to contribute to her new husband. Under some circumstances, such as having children who are the pride and joy of their paternal grandparents, she may stay on in her deceased husband's home. If she does not meet a functional need there, but is an extra mouth to feed, she will try to arrange for her own relatives to take her back.

1:Sanders Z-5/4 (1952-1959) 1962 EH1 Greece EH1

Eve and Epiphany (December 24–January 6). It is preceded by a week's fast, which formerly lasted forty days, ending on Christmas Eve. Throughout much of Greece it is traditional to kill a pig for Christmas, although in many villages of Thessaly people are satisfied with fowl. Indispensable is the *Christopsoma* (Bread of Christ), a large round loaf, with a cross formed of dough in the middle and with four chestnuts on each side and a fifth in the center. This is a leavened loaf but without any sugar, although in the cities it is so highly decorated with candied fruits that it resembles a sweet loaf. Special Christmas cakes as well as a number of other dishes are also prepared for the occasion.

Christmas Eve is a time for caroling, or the *kalenda*. The carols are about the birth of Christ, the joy that is spread all over the world, "so good master give us something so that we can enjoy with ease Christmas Day." In some parts of Greece adults as well as children go caroling. In addition to triangles which they play while singing, the children may carry little paper ships or houses and lighted lanterns. The carolers in the cities receive coins or sweets, but in the villages they are content with currants and nuts. They avoid homes that are in mourning, although earlier in the day many people have probably visited the cemeteries with offerings of food for the dead.

On Christmas Day itself the more devout go to the early communion service and then on to the home of the eldest relative (if he is very poor, then to the home of the richest relative). Here, in Thessaly at least, they drink *kokorozoumo*, a boullion made from boiled chicken, lamb, and beef, to which a lemon flavoring has been added. In Macedonia, a traditional dish is *dolmades*, or stuffed pickled cabbage leaves prepared on Christmas Eve and allowed to simmer in a sauce pan on a low fire all night. The men in particular drink a great deal of liquor throughout the day and generally end up inebriated, partly because they have been to call on those named Christos or Christina and been duly treated. Christmas Day, though not a time for exchanging gifts, is a special occasion to be celebrated.

Yet throughout this whole twelve-day period many of the peasants reveal an unusual anxiety, for they believe that the Evil Eye is unusually active at this time. Windows and doors must be kept shut so that bad spirits will not bring in illnesses of any kind; furthermore, these spirits — called *kallikantzari* — are usually mischievous as well. They are supposed to be little men with goats' feet, enormous heads, and big ears; they are black, for they come down the chimney which must be kept closed. To be on the safe side, it is well to put a little sugar and a glass of water by the fireplace for them to eat and drink and thus be less inclined to do harm. Every village literally teems with stories about the kallikantzari at this time of year and details differ greatly as to their appearance and pranks. Their presence is

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12. A widow at the loom, Salamis. For two years there must be no levity in her presence.

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1:Sanders Z-5.4 (1952-1959) 1962 EH1 Greece EH1

Throughout Greece, even in the cities, people never go to their own home or a friend's home from a funeral without first stopping somewhere for a sweet. In many villages it is the custom to wash one's hands before entering the house.

The official period of mourning lasts for two years. Part of the complex of traits connected with mourning is the Feasts of the Dead held at fixed periods, such as the eighth and the fortieth day after burial. Similarly, on the anniversary of the death a feast of remembrance is held. On such occasions the grave is decorated with flowers, a mass is sung, and offerings of *kollyva* are made in the church. Kollyva is "parboiled wheat mixed with pounded walnuts, raisins and parsley, and covered over with a coating of sugar, with the sign of the cross, and sometimes the initials of the deceased worked on it in raisins. The wheat is interpreted as a symbol of the resurrection: as the grain is buried in the earth, rots, and rises again in the shape of a blooming plant, so will the soul rise from the tomb. . . ." [24]

In addition to these ceremonies for deceased individual members of a family, the Greek villagers also have collective feasts for the dead known as Souls' Sabbath (*psychosavvata*), which correspond roughly with spring and harvest, or the life and death cycle of the year. Relatives visit the graves where they leave sweetmeats, parboiled grain, and cakes, and where they kneel and cry beside the tombs as the priests read prayers over them. It is a memorable experience for a foreigner to come unexpectedly upon a graveyard where as many as one hundred and fifty people are wailing over different graves and to see the priests in their colorful robes and with their swinging censers move from one small group to the next.

Priests when they die are treated differently. With an ordinary person the bowl used when the dead are washed for burial is broken and thrown away; but with the priest (in Spetsai at least) it cannot be broken, but is thrown into the sea. The priest's body is not put in a shroud but is dressed by another priest in a *peritrachelion*, or stole which a priest wears when he hears confessions. Also, the first book from which the priest read after becoming a priest is put in the coffin with him. There is another difference, too. At the end of three years after burial, it is customary to dig up the bones of the deceased and wash them in wine and water, but the bones of a priest are washed with oil. When the bones are disinterred, they are put in a basket and taken home to be put under a table on which there is boiled wheat. The priest reads a prayer; the people kiss the skull, put it in the box with the other bones, and this is put in a vault in the cemetery.

Much is made of the condition of the bones. If they are yellowish-brown, this means that the person lived a good life; if they are black, he lived badly. It is also considered a bad omen if the body has not disintegrated.

An excellent summary of the way the peasant fits death into the general scheme of things comes from a study by V. T. Valassis:

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Vasilika

Clothing

178 291 [511] [292] [427] Apart from the house, its outbuildings, and furnishings, the most important item which signifies a family's degree of modernity in Vasilika is clothing. The old traditional rural costume of the region has not been worn in Vasilika, on the estimate of the oldest residents of the village, since their childhood in the 1890's and early 1900's. Couples were married in the old costumes somewhat later than that, but brides and grooms have been wearing hired white wedding gowns and ordinary lounge suits, respectively, at their weddings for at least a generation. The traditional regional clothing, the short white ballet-like skirts for men and the long dresses with embroidered vests for women, are now worn only by the school children in the playlets they present on patriotic occasions.

291 [177] [369] [626] [292] [177] Men's outer clothing today follows the standard European style of dark lounge suit, shirt, socks, and low oxfords. The middle-aged and older farmers avoid wearing neckties even on special occasions, since these stand for urban professional occupations. Some of the younger farmers did wear neckties for Easter in 1956 and were strongly criticized for doing so. The young men of the village dress much as their elders do, except that they make an effort to keep up with changing urban styles in coat-sweaters and shirts. Only one man in the village wears a fedora hat, a sign of leisure in Vasilika. The rest of the men, when they wear any head covering at all, wear cloth peaked caps. Winter overcoats are also of standard European style. The same type of clothing is used by men for work in the fields. They merely save old clothes for the purpose and wear a sweater instead of a suit jacket. Older men wear long woolen underwear all through the year. The young men and boys do not—they work in shirt sleeves more frequently than the older men do. Except for overcoats and sweaters, men wear the same kind of clothing thoughout the year.

291 [184] [511] [302] [765] [554] There is a slightly greater variation in women's clothing patterns, based on age as well as on income. Women in their forties or older wear dark blue homespun skirts with long-sleeved blouses and woolen cloth shawls for warmth. They always wear long lisle stockings and cloth slippers. A brown kerchief, wound around so that it forms a kind of close-fitting cap or helmet, is rarely removed by these women—one even wore it in bed throughout a hospital stay. Under the brown kerchief their hair is left long and dressed in braids around the head. Over the brown kerchief, for work around the house or in the fields, these women put on an additional kerchief, usually white in color, which is loosely tied under the chin for most kinds of work. They pull the ends around to cover their mouths when they do heavy work in the fields. In Vasilika, the colors of the outer kerchief indicate only whether or not a woman is in mourning. Black kerchiefs (and black clothes in general) are a sign that a woman is in mourning for a close relative; dark-colored kerchiefs indicate that she is in mourning for a more distant relative. The village women also associate the outer kerchief with their status as rural women who work in the fields.

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help the father and mother in the struggle of life. At certain times of the year when there is less work at home and in the fields the neighborhood children come together and play hide and seek. When boys and girls reach the age of 11-12 they separate and seldom play together anymore. The child in Megali Vrisis has a hard time to express its freedom.

The school organizes picnics at which the teachers teach the children to sing and dance. These picnics are the only active days that provide ample time for the children to play.

Music Music is something which is never taught but it is there always. From children to grown-ups all sing and dance singing is a part of their dance it is learned easily. There are no books or music notes and the musi-/38/ cal instrument players never learned with notes but just by hearing. Children going to the fields sing, people working in groups in the fields sing, and groups returning home from harvest sing. People sing at the coffee houses, at their homes and in the woods. Shepherds sing with their fiddles and peddlers advertise their goods with a song. Singing runs through the church services from beginning to the end and when the women dress up the bride they sing all night to her. No one writes any song to remember it. They are handed down from generation to generation and sung so often that there is no fear of forgetting them or losing them. Singing is a part of their recreational life, a part of their courtship and a part of their expression of appreciation of nature. The philosophy of life of those people is built on tradition and singing comes voluntarily to express themselves. Some of their songs have to with incidents of heroism or suffering and torture. There are songs that move one to tears and there are others that move one to sacrifice everything he possesses. Even the happiest songs are tinged with an air of sadness. It is probable that their ancestors have been through gloomy periods which has influenced their songs. May be these wars will create more such songs among the village people /39/ for their beloved ones who were killed during the spring months. Each girl who lost her sweetheart in the war will make a song for him and sing it while working in the fields.

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/39 cont./

At times of great calamities the tempo and the variety of songs increase which are rather of a mournful type. Every one who has lost his closest friend, a son, a relative, her admirer expresses their saddest grief in song which is made by each person with a touching tune. When somebody mourns in the village usually the light gay type of music disappears for sometime and the village bans dances. All share alike in the grief of their neighbor, and even if there was a marriage, it would be postponed due to the general approval of the villagers for the sake of the mourning period.

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Reading. Megali Vrisi does more reading than any other village in the neighborhood. This is perhaps due to the influence of the priest-teacher whose life has become a part of his villagers in educating them. He served his villagers for 37 years as teacher and priest, still continuing as a priest. His main purpose for teaching his people to read and write was to make them able to read and understand the universe about them. He had his own personal library and out of it loaned books /40/ to bright farmers so that they could read them to the others. His plan in giving lectures to the farmers on certain scientific topics created among the farmers an interest in reading and discovering. The books that interested them most were biographies, histories, geography, politics and inventions. None were interested in fiction or romance.

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The younger children had more zest in reading than the older people, but there were not enough books. I often found young men, at night sitting in groups of 6 to 10 to read the whole book with a kerosene lamp light so that others might have the chance to read it too. Reading among women is done less due to the nature of their work. They arekept busy from sunrise till late at night. Another important phase of the reading is the daily newspaper at the coffee house. Everybody once or twice a day drops in at the coffee house to read the newspaper. Discussions as to its news and editorial comments are conducted between groups of different political beliefs.

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